

Health Emergency Declaration Approved for Bottineau County

Submitted By: Kristy Titus-Bottineau County Emergency Manager

On Thursday, March 19th, the Bottineau County Commissioners approved and signed a Health Emergency Declaration for Bottineau County due to COVID-19, also known as the Coronavirus.

By doing so, and following the North Dakota Century Code, this provides Bottineau County the ability to access county emergency funds, if needed.

The county will continue to keep residents informed with updates and additional information as we receive it. Bottineau County is dedicated to the health, well-being, and safety of all citizens within the county. We encourage residents to visit the Bottineau County website at: www.bottineauco.com. Here you will find a link that will connect you with our county community sharing page concerning COVID-19. This page is being developed as a common share place for community businesses, schools, and public entities within Bottineau County or entities who work within Bottineau County to post information about their individual efforts and updates.

New information received will be uploaded daily. Those entities may email a PDF file of what they wish to be posted. A link will be created with their entity name, when clicked on public will be able to see the PDF file of that entities public notice. Those can be sent to Botno911@co.bottineau.nd.us.

I cannot stress enough how important it is to stay informed, and know the true facts concerning this virus. Know what the signs and symptoms are. Keep up to date on the recommendations for reducing the spread of COVID-19, and how to protect yourself and your family.

The virus is thought to spread mainly from person-to-person. Between people who are in close contact with one another (within 6-feet), and through respiratory droplets produced when an infected person coughs or sneezes. Older adults and people with underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please contact your medical provider about additional steps you may be able to take to protect yourself.

Contact your medical provider if you think you have been exposed to COVID-19 and develop symptoms that include fever, a cough, difficulty breathing or shortness of breath. These symptoms may appear 2-14 days after exposure.

Here are some things to remember, and remind everyone in your household of the importance of practicing everyday preventive actions.

Avoid close contact with people who are sick.

Cover your coughs and sneezes.

Clean frequently touched surfaces and objects.

Avoid touching your nose, eyes, and mouth with unwashed hands.

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.

